

Center of Reproductive Medicine, P.A. (CORM)

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Semen Collection Instructions

IT IS IMPERATIVE THAT ALL OF THESE INSTRUCTIONS BE FOLLOWED EXACTLY OR THE LABORATORY WILL NOT BE ABLE TO PROCESS YOUR SPECIMEN.

- 1) Please make sure you have showered the day before the scheduled appointment.
- 2) Place a white paper drape under the collection area. (These are located on the chair in the collection room.)
- 3) If you have not been circumcised, please wipe the genital area with a moist toilette before collecting. (These are located on the counter next to the sink)
- 4) Remove the specimen container from the plastic wrapper.
- 5) Make sure your hands are thoroughly washed **before** collection.
- 6) Collect your specimen by masturbation only, being careful to deposit the entire specimen into the specimen container. If any of the sample is spilled, please be sure to make a note on the collection form, as this may affect the analysis.
- 7) Wash your hands **after** collection.
- 8) After your specimen is collected, please take a few minutes to fill out the collection form. All questions **must** be answered before the laboratory will accept the specimen.
- 9) **Legibly sign both** of the labels provided. Place one label on the specimen container so that it extends from the lid down over the side of the container forming a seal. This will ensure that the container has not been tampered with before it reaches the laboratory. Place the container into the paper bag provided. Fold the top of the bag over and seal it up with the other label.
- 10) Please dispose of the white paper drape into the wastebasket.
- 11) Please ring the bell at the front of the door of the laboratory and the andrology personnel will come to retrieve your sample.